

Horse Health Record Sheet

* TO BE PERFORMED EVERY 1-4 Hours for observation and easy relay to your Vet



General Horse details

Name:		Age:		Gender		Wormed Last		Pregnant:	YES / NO
Medications or illnesses:									

Date & Time	Behaviour	Heart Rate	Respiratory Rate	Temperature	CRT & Mucoses Membrane	Digital Pulse	Gut Sounds		Comments & Manure Observations
							Left	Right	
							U	U	
							L	L	

Date & Time	Behaviour	Heart Rate	Respiratory Rate	Temperature	CRT & Mucoses Membrane	Digital Pulse	Gut Sounds		Comments & Manure Observations
							Left	Right	
							U	U	
							L	L	
							U	U	
							L	L	
							U	U	
							L	L	
							U	U	
							L	L	
							U	U	
							L	L	

KEYS FOR SHORT HAND OR NORMAL CONDITIONS

Behavioural Key	Standard/Normal Ranges				Gut Sounds Key	
BAR - Bright Alert responsive	Heart Rate	32-44 bpm	Temp	37-38.5 C	--	Abscent
QAR - Quiet Alert responsive	Respiratory Rate	8-14 breathpm	CRT	2 seconds	*	Quiet
					**	Normal
					***	Loud

TAKING VITALS FOR A HORSE

Horse must be restful - not have been worked or stressed to get the best result

How to take Heart Rate/ Pulse:

Using a stethoscope

1. Make sure you have the stethoscope the right side
2. The heart beat is located just behind the elbow in that crease
3. Listen quietly
4. Count the beat for 15 seconds and times that result by 4 to get the average

Without a stethoscope

1. Using your fingers only (your thumb has its on pulse)
2. Place your fingers under the jaw line on the cheek bone and locate the pulse
3. Count the beat for 15 seconds and times that result by 4 to get the average

Respiratory Count:

1. Go to the flank area of the horse
2. Watch the movement of the area near the stifle
3. You should be able to see the horse breathing
4. Count the breaths for 15 seconds and then times that result by 4 to get the average

