# Horse Health Record Sheet

\* TO BE PERFORMED EVERY 1-4 Hours for observation and easy relay to your Vet

Breton	
Equine Service	

General Horse	details								
Name:		Age:		Gender		Wormed Last		Pregnant:	YES / NO
Medications or illnesses:		- <b>'</b>				<b>'</b>		<b>.</b>	<b>-</b>
Date & Time	Behaviour Heart Rate		Respiratory Rate	Temperature	CRT & Mucoses Membrane	Digital Pulse	Gut Sounds Left Right		Comments & Manure Observations
							U	U	
							L	L	
					_				
Date & Time	Behaviour	Heart Rate	Respiratory Rate	Temperature	CRT & Mucoses Membrane	Digital Pulse	Gu Left	t Sounds Right	Comments & Manure Observations
							U	U	
							L	L	
							U	U	
							L	L	
							U	U	
							L	L	
							U	U	
							L	L	
							U	U	
							L	L	
							U	U	
							L	L	
			KEYS FO	R SHORT HAND	OR NORMAL C	CONDITIONS			
Behavioural Key			Standard/Normal Ranges				Gut S	Gut Sounds Key	
BAR - Bright Alert responsive			Heart Rate	32-44 bpm	Temp	37-38.5 C			Abscent
QAR - Quiet Alert repsonsive			Respiratory Rate	8-14 breathpm	CRT	2 seconds		*	Quiet
								**	Normal
								***	Loud

## TAKING VITALS FOR A HORSE

Horse must be restful - not have been worked or stressed to get the best result

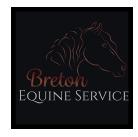
#### How to take Heart Rate/ Pulse:

### Using a stethoscope

- 1. Make sure you have the stethoscope the right side
- 2. The heart beat is located just behind the elbow in that crease
- 3. Listen quietly
- 4. Count the beat for 15 seconds and times that result by 4 to get the average

### Without a stethoscope

- 1. Using your fingers only (your thumb has its on pulse)
- 2. Place your fingers under the jaw line on the cheek bone and locate the pulse
- 3. Count the beat for 15 seconds and times that result by 4 to get the average



#### **Respiratory Count:**

- 1. Go to the flank area of the horse
- 2. Watch the movement of the area near the stifle
- 3. You should be able to see the horse breathing
- 4. Count the breaths for 15 seconds and then times that result by 4 to get the average